



Class Schedule

	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday	
7																	
8																	Masters Class
9																	Additional Demo Team Practices
10					Teens & Adults						Teens & Adults						
					Foundations 1						Foundations 1						
11																	
3	Teens & Adults			Demo Team Open Mat			Teens & Adults			Demo Team Open Mat							
4	Beginning Intermediate Advanced Children			Beyond Force Demo Team	Sparring	Foundations 2	Beginning Intermediate Advanced Children			Beyond Force Demo Team		Foundations 2	Leadership Class	Beyond Spirit Demo Team			
5	Sparring	Foundations 2	Foundations 1	Beginning Intermediate Advanced Children			Tricks & Flips	Foundations 2	Foundations 1	Beginning Intermediate Advanced Children			Board Breaking	Sport Poomsae Team			Events/ Seminars
6			BBT Prep	Black Belts All Ranks	BBT Prep	Teens & Adults	Weapons	Sport Poomsae Open Mat	Black Belts All Ranks	BBT Prep	Teens & Adults						
7				Beginning Intermediate Advanced Children	Teens & Adults	Sparring				Beginning Intermediate Advanced Children	Teens & Adults						
8				Ho Sin Sul						Sparring							