



CLASS SCHEDULE

Codes for Online Classes have been emailed

	Monday		Tuesday		Wednesday			Thursday		Friday		Saturday
8												Beyond Spirit & Beyond Force Demo Teams
9												
10												
11												Tricks & Flips
4	Beginning		Beginning		Beginning			Beginning		Leadership Class	Leadership Class (ONLINE)	
	Intermediate		Intermediate		Intermediate			Intermediate				
	Advanced		Advanced		Advanced			Advanced				
	Children		Children		Children			Children				
5	Sparring		Foundations 2	Foundations 1	Board Breaking			Foundations 2	Foundations 1	Sport Poomsac Team		
6	Black Belt Testing Prep (all Rec Ranks)	Teens & Adults	Black Belts All		Black Belt Testing Prep (all Rec Ranks)	Teens & Adults	Beg. Int. & Adv	Black Belts All		Beg. Int. & Adv		
							Children (ONLINE)			Children (ONLINE)		
7	Black Belts (All) (ONLINE)		Beginning	Teens & Adults			Teens & Adults (ONLINE)	Beginning	Teens & Adults	Teens & Adults (ONLINE)		
			Intermediate					Intermediate				
			Advanced					Advanced				
			Children					Children				
8			Ho Sin Sul					Sparring	Sparring (ONLINE)			