



CLASS SCHEDULE

Codes for Online Classes have been emailed

	Monday		Tuesday		Wednesday			Thursday		Friday		Saturday		
8														
9													Beyond Spirit & Beyond Force Demo Teams	
10														
11													Weapons (ONLINE)	
4	Beginning		Beginning		Beginning			Beg, Int. & Adv		Beginning		Beg, Int. & Adv		
	Intermediate		Intermediate		Intermediate			Children		Intermediate		Children		
	Advanced		Advanced		Advanced			(ONLINE)		Advanced		(ONLINE)		
	Children		Children		Children					Children		Leadership Class		
5	Sparring		Foundations 2	Foundations 1	Board Breaking			Foundations 2	Foundations 1	Sport Poomsac Team				
6	Black Belt Testing Prep (all Rec Ranks)	Teens & Adults	Black Belts All		Black Belt Testing Prep (all Rec Ranks)	Teens & Adults	Black Belts All							
7	Black Belts (All) (ONLINE)		Beginning	Teens & Adults	Tricks & Flips			Beginning	Teens & Adults	Teens & Adults (ONLINE)				
			Intermediate					Teens & Adults (ONLINE)						Intermediate
			Advanced											Advanced
			Children					Children						
8			Ho Sin Sul					Sparring	Sparring (ONLINE)					